

# Sisters for Yah

## STEP OUT OF YOUR COMFORT ZONE!

Many new brethren will be keeping the Feast of Tabernacles for the first time this year. It's a very exciting time, but for those who've never done it before, the Feast can present some interesting challenges! Keeping the Feast of Tabernacles requires that you "step out of your comfort zone." We are told to dwell in temporary dwellings for seven days. This means a tent, trailer, camper, hotel room, cabin, or lodge room. This means leaving many of the comforts of home behind. But that's okay! Your obedience to Yahweh means a lot to Him.

I've been keeping the Feast for 24 years and each one presented a different challenge! I've been to campgrounds that only provided cold water showers. Very exhilarating (I say this sarcastically, of course). I've been to others that had rustic cabins with "air conditioning," and by that, I mean huge holes in the ceiling so that you could see the stars in the sky while lying in bed! The campground I remember the most was the one that

was literally crawling with tarantulas, and I happen to be terrified of spiders! We kept services and Bible studies in an open air meeting room, and the tarantulas were free to roam around at will. I had to leave Bible study early one night because one of those creepy crawlies was heading right in my direction! Every night before bed in my cabin, I would get down on all fours to check if any spiders were hiding underneath our bed. I was also very careful on the day we packed up to leave. I shook out everything to make sure nothing was hiding in our hanging clothing. I did not want to bring home a live tarantula as a souvenir!

I could go on and on with past Feast stories, but the thing I wanted to leave with you is this: Despite the challenges, I never regretted any Feast that I kept! It was all so worth it and I will keep doing it as long as Yahweh allows me! The ultimate point is that we are to be obedient in keeping the Feast no matter what. I'll never forget all the wonderful memories. See you at the Feast in Waynesville, Missouri!

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## FAITH VERSUS SIGHT

- Faith looks to Yah as the source; sight trusts in possessions, power, and people.
- Faith focuses on “Who”; sight is limited to “how.”
- Faith measures the size of Yah; sight is controlled by the size of problems.
- Faith seeks Yah first; sight takes matters into its own hands.
- Faith waits on Yah; sight rushes ahead with self-solutions (which hardly ever work).
- Faith is based on what Yah says; sight is based on how we feel.
- Faith’s seeing-eye-guide is the Bible; sight’s guide is only what is visible.
- Faith looks beyond circumstances to the possibilities; sight looks at how bad things are at the moment.
- Faith believes Yah even when it seems nothing is happening; sight is controlled by the senses and feelings.
- Faith doesn’t require that it works on paper; sight demands facts and figures first.
- Faith leaves it in Yah’s hands; sight picks it back up and worries and frets about it.

### Why is it so hard to have faith?



I’ve been thinking a lot about faith lately. Now that the 2016 presidential election candidates are “presenting their agendas” to this nation, I’m hearing a lot of people say, “I have faith in this candidate” or “I have faith in that candidate.” It troubles me to hear people put their faith in mortal man. Humans will always let us down. There is only One Who will never let us down, and He is Yahweh.

In my several decades on this earth, I’ve never seen a president or prime minister make everyone happy all of the time. People always have high hopes when a new president is elected. But it is very shortly thereafter that people become disillusioned and disappointed.

Faith is difficult for many reasons. Not the least of which is the fact that we are fallible humans. We allow our emotions to get away from us sometimes, and lose sight of logic and sound reasoning. It’s sometimes funny to hear the so-called “prophecies” that believers place on every new president. Since I’ve been alive, almost every single US president has been dubbed either the “Beast” or “Man of Sin.” There will be a time when all our questions will be answered. Until then, it behooves us to place our trust in our Heavenly Father, for it is He that will reveal when the end is here. It is very important to keep up with world events, but don’t get overly concerned about end time scenarios. It is not wrong to prepare for what is soon coming upon the world, but let your first concern always be pleasing Yahweh. He promises that during times of trouble, He will be with us in a powerful way!



## Make your own cleaners!

We all know that cleaning the house is a necessary thing, but many women hate doing it because of the foul-smelling store bought cleaners. You can make your own non-toxic cleaners for just pennies, without the risk of chemicals polluting your environment. Many health concerns have been linked to using chemical cleaners. If you can't pronounce it, don't use it! What on earth is butyl cellosolve, or monoethanolamine?

1. All purpose cleaner: Buy a grated cheese container (the kind you find in pizza parlors) and fill it with baking soda. Sprinkle it on bathroom sinks, tubs, and showers. Then simply scrub with a sponge. You'll be amazed at how well it works.
2. Instead of using laundry bleach, try adding 1/2 cup of borax or 1 cup of hydrogen peroxide to whites, or 1 cup of white vinegar to darks.
3. Natural fabric softener: Mix one cup of baking soda for regular clothes. For towels, add 1/2 cup vinegar to the rinse water. No, your towels will not smell! Regular fabric softeners make towels less absorbent, but vinegar deodorizes them and keeps them soft without compromising absorbency.
4. Drain cleaner: pour 1/2 cup of baking soda in the drain. Slowly add 1/2 cup vinegar. Let sit for 30 minutes, then flush with the hottest water you can.
5. Toilet bowl cleaner: pour two cups of vinegar into the bowl before bed. In the morning, scrub away the grime.
6. Window, glass, and mirror cleaner: just mix up equal parts vinegar and water in a spray bottle.
7. Oven cleaner: fill a heatproof deep pan with water and put on the over rack. Warm until the entire oven is nice and steamy. This will soften the baked on grease. After the oven cools, scrub with equal parts vinegar and baking soda. You'll notice amazing results in even the grimmest ovens!
8. Kitchen disinfectant: fill a metal spray bottle with 3% hydrogen peroxide, spray area and wipe clean.
9. For stubborn stainless steel pots and pans. Soak in baking soda.



## Get your children involved in cleaning!

1. Make a chore chart.
2. Provide fun tools for them. They love tiny brooms and dust pans!
3. Make a game of it. Set a timer and play their favorite music.
4. Start them young! By age 3, a child can help set the table, and replace the dish towel with a clean one. By age 5, they should be able to help pack up leftovers, clear away dirty dishes, and spot clean the floor. By age 8, they can wipe down countertops, load and unload dishwasher, and empty garbage.
5. Be specific. Children don't do vague requests. Instead of saying, "clear the table", say, "please put the cups, plates, and flatware in the dishwasher."
6. Offer a lot of praise and encouragement!
7. Pray :-)

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## Child-friendly Breakfast Smoothie

Provides protein, calcium, and lots of vitamin C and D.

1 orange, peeled

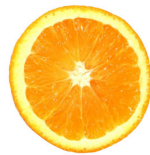
1 cup cold milk (any kind, dairy or non-dairy)

1 cup crushed ice

2 T. chocolate syrup.

You can even throw in a dollop of peanut butter (if they are not allergic)

Blend it up and enjoy!



## Fun Sandwiches for your little ones!

1. Try using cookie cutters after making your child's favorite sandwich. They love the fun shapes!
2. Place a special note for your child on a napkin and tuck into their lunch boxes or wrap around their sandwich. Just a few words of love and encouragement can make their day!
3. Try different "bread items" to make the sandwiches, such as waffles, mini bagels, sweet rolls, or tortilla wraps.
4. Make pinwheels! Kids love these. Spread cream cheese on a tortilla. Layer your favorite items such as turkey and cheese. Roll into a wrap, then slice into 1 inch rounds.
5. Do it like the deli!  
Wrap in butcher paper and secure with colorful yarn. You can even decorate the paper to make it special for your kids.



*I Love  
Turkey Ham!*

